

Wellbeing and workforce support package

A package of wellbeing support is available to schools and staff in all state and state integrated schools in greater Christchurch.

The principles (from research) on which the wellbeing package has been developed are:

- » We need a strong and resilient workforce to be able to support others.
- » Focus should be on the whole school where possible rather than individual student/s.
- » In most cases the board, staff and communities hold the solution to issues.
- » Resilience can be built and encouraged.
- » Adults and schools are hugely important in students' lives.
- » Focus is primarily on the medium to long term support, while dealing with immediate needs.

This fact sheet outlines the types of support available, its purpose and how it can be accessed for those schools affected by the closure and merger proposals, interim decisions and final decisions.

EAP will be available at their office in Mandeville Street, Christchurch or via phone 0800 327 669 on 30 May 2013.



Support available to whole schools and/or individual staff members

The Ministry's Education Wellbeing Response (EWR) team will work with schools to tailor individual school wellbeing plans that help identify areas of need, for example anxiety, inability to cope, behaviour issues, and the support required for staff and student wellbeing.

What	Purpose/further information	Comments	How to access support
Education Wellbeing Response (EWR) Services Wellbeing plans	<ul style="list-style-type: none"> » To develop a whole school approach based on the needs and issues the school is experiencing and facing » To access and coordinate appropriate support from the Ministry, sector and community groups, NGOs, other agencies » To identify appropriate interventions and support that are available to meet the needs of staff and/or students » The ownership of, and responsibility for implementing, the plan sits with the school, with support from the EWR team members. 	Whole school	<p>All affected schools will be contacted by the EWR team within one week of the announcement on the future of their school.</p> <p>Schools can contact Fiona Bartley on 03 378 7563 or 027 296 1688</p>
Facilitated workshops	<p>Workshop titles</p> <ul style="list-style-type: none"> » Coping in time of uncertainty and change » Building resilience to stress » CV and interview skills. 	Whole school or individuals	<p>Further information about dates, times, and course content are on the EAP website.</p> <p>Book workshops on the EAP website www.eapservices.co.nz/register</p>
EAP coaching/financial advice	Personal and/or professional coaching/support or financial advice for individuals (Boards and staff).	Individual	Phone 0800 327 669
Facilitated workshop – Moving on	A workshop to support schools leaders and their staff, following periods of uncertainty and change, to work together, to support each other and plan for the successful ongoing operation of the school.	School based	Phone 0800 746 338 or contact your specialist senior advisor
Career Transition sessions	A customised programme tailored to an individual's career transition requirements which may include career assessment, preparation of a CV, networking and job search strategies.	Individual	<p>Download the registration form from the EAP website www.eapservices.co.nz/register</p> <p>Require principal/Board approval – prerequisite is attendance at CV and interview skills workshop</p>
Teacher support	Professional support for teachers who would benefit from senior teacher support.	Group or individual	Phone 0800 746 338 or contact your specialist senior advisor



What	Purpose/further information	Comments	How to access support
Principal support	Professional support for principals.	Group or individual	Contact CPPA Rob Callaghan on 027 495 9369 rob@stmartins.school.nz Denise Torrey on 021 262 5557 d.torrey@somerfield.school.nz
Relief teaching funding	Relief funding, for example, to enable staff to attend job interviews, meetings with agencies such as EQC, Residential Advisory Service, local council, insurance companies, or for specific circumstances, provide paid sick leave outside the 8 days policy.	To be used once a school's relief budget has been exhausted	Application form sent to your specialist senior advisor
	Relief funding to enable staff to attend EAP workshops.	Not dependent on banked staffing	
Non teaching administrative support pool	Funding additional salary costs to enable staff to attend EAP workshops, job interviews, EQC meetings etc.	Funding is provided where additional salary costs have been incurred by the school	Application form sent to your specialist senior advisor
Teacher professional development or further study	Christchurch Earthquake Training Support Fund – a fund for teachers to upskill in an area that responds to emerging needs of Christchurch students.	Individual	Contact TeachNZ 0800 165 225
Teacher retraining opportunities	For teachers choosing retraining as a surplus staffing option in priority areas such as: » te reo Māori » Pasifika languages » special education.	Individual	Contact TeachNZ 0800 165 225

The Ministry will work with the Boards of affected schools on a case by case basis where support, staffing or funding is required, in addition to the components listed in the various support packages. This could include:

- » where additional relief staffing is needed in the weeks following the announcements of final decisions
- » where additional support is required for principals of affected schools.

Contact your Ministry specialist senior advisor or phone 0800 746 338

The Ministry will help schools to identify and provide support for students receiving a specialist service and who require individual transition plans to support wellbeing.

Contact Fiona Bartley: phone 03 378 7536, 027 296 1688 or email fiona.bartley@minedu.govt.nz or freephone 0800 746 338

Further information is available on the *Shaping Education* website www.shapingeducation.govt.nz

