



Canterbury and Chatham Islands Regional Newsletter 04 March 2019

Kia ora,

The Tomorrow's Schools Independent Taskforce has held meetings in Canterbury to share the recommendations contained in the document, [Our Schooling Future: Stronger Together](#) and to answer your questions. It was great to have so many of you attend. Public consultation is open until 7 April 2019 and an [online survey](#) is open until 31 March for you to provide feedback on the key issues and recommendations in the report.

It was a privilege to attend part of Te Matatini ki te Ao in Wellington recently. It was wonderful to attend such a significant cultural festival and great to watch the passionate Kapa Haka performers and support the teams from Canterbury.

Thank you to those who attended one of the Early Learning Strategic Plan regional hui. You can still have your say about the recommendations by taking part in [the online survey](#) (the survey takes about 15 - 20 minutes and closes on 15 March 2019). You can email a submission to early.learning@education.govt.nz if you prefer.

Health Promoting Schools Magazine

The latest issue of the [Health Promoting Schools magazine is now online](#). The Health Promoting Schools team publish this magazine each term. The magazine is designed to highlight initiatives and activities happening at local schools and kura, as well as topics of interest to staff and communities.

You can contact the Health Promoting Schools Team on 03 364 1777 if you have a story idea for them.

Responding to suicide risk together

An inter-agency workshop

We are holding a workshop for members of pastoral care and leadership teams in secondary schools who have key roles when students are at risk of suicide.

When: Friday 29 March, 9:30am – 3:00pm

Thursday 23 May, 9:30am – 3:00pm

Where: Ministry of Education, 48 Hereford St, Christchurch

RSVP: events.christchurch@education.govt.nz (Due to limited spaces, five attendees per school only)

[Read more information on presenters and outcomes](#)

Resources supporting student wellbeing

We have compiled a list of key web-based resources to support schools and kura to manage traumatic incidents, prevent and respond to suicide, provide best-practice pastoral support, and promote student wellbeing.

- [Te Pahiaka Tangata Strengthening Student Wellbeing for Success: Guidelines to Assist New Zealand Secondary Schools and Wharekura in the Provision of Good Practice in Pastoral Care, Guidance and Counselling](#)
- [Traumatic Incidents: Managing Student and Staff Wellbeing. A Guide for School Crisis Management Teams](#)
- [When someone dies: A Guide to The Coronial Services of New Zealand](#)
- [Preventing and Responding to Suicide: Resource Kit for Schools.](#)
- [Skylight Trust: Resources to support children, young people and their whānau to navigate through tough times.](#)

In addition some of the resources are wellbeing tools and support young people.

- [SPARX on-line e therapy tool](#)
- [Aunty Dee - an online space to support Pacific Youth wellbeing.](#)
- [The Lowdown - free on-line information and helpline.](#)
- [0800 What's Up? Free on-line information and helpline.](#)
- [Common Ground- Depression, Self-Harm and Anxiety Support](#)

In the event of a traumatic incident, the Ministry of Education and our Traumatic Incident Team are able to provide advice and support to you. You can call the Traumatic Incident Hotline on 0800 TI Team (0800 848 326)

[Leading Lights](#) provides guidance pathways to help teachers and other school staff in Canterbury recognise and respond to the needs of individual children in Years 1 to 8. Leading Lights has now been made available to all schools. If you are an education professional and would like to access advice, guidance and information [please register on the Leading Lights website](#)

Mana Ake – Stronger for Tomorrow - WELLBEING@SCHOOL website

Schools participating in the Mana Ake - Stronger for Tomorrow initiative are being asked to consider what outcomes they would like to see in respect of student wellbeing.

The [Wellbeing@School website](#) is designed to support schools to engage with the whole school community in a process of self-review. Schools and clusters of schools are being encouraged to use the [Wellbeing@School tool](#) as a resource to support strategic planning across their communities and to measure progress. The **tool** provides access to practical evidence-based tools and resources, a 5-step self-review process and information about how to get started.

To help schools analyse their data, the Mana Ake initiative will work with the New Zealand Council for Educational Research (NZCER) to provide a webinar to support schools to prepare to implement Wellbeing@School. NZCER will also facilitate a number of workshops that will support staff to engage with data from the surveys. The webinar is an ongoing resource that is available from Mana Ake and the facilitated workshops will be made available each term.

Mana Ake - Cluster Forum

The Mana Ake project team would like to invite principals, year 1 – 8 SENCOs, pastoral care leads and other key staff to participate in a workshop with the other clusters who are involved in the Mana Ake initiative.

Date: Thursday, 28 March 2019

Time: 9:00 -11:30am

Place: The Design Lab, 17b Print Place, off Birmingham Drive, Middleton.

This forum will provide an opportunity for you to share your experiences and learn from others, as well as to inform the ongoing support available through Mana Ake. The project team would like to hear about:

- The process of co-design for your school and cluster
- What are you most pleased with
- What outcomes you have considered for your school/cluster
- What they can do to support you and others
- How we can share learning in an accessible way for schools as we progress with Mana Ake
- What else you think they should know

The project team can also provide an update about what is happening in Mana Ake and share some of the work that is contributing to the ongoing development of “Leading Lights”.

Please extend this invitation to others in your pastoral support network who you would like to participate.

Morning tea will be provided. Please contact: manaakefeedback@cdhb.health.nz by **Thursday, 21 March** and let the Mana Ake project team know if you have ideas to help shape the workshop and to confirm your attendance for catering purposes.

Mana Ake – Stronger for Tomorrow - WELLBEING@SCHOOL workshops

Schools currently involved in Mana Ake -Stronger for Tomorrow and those who are entering the initiative this year are invited to attend one of the facilitated workshops planned for March on analysing school data. The workshops will be facilitated by Dr. Cathie Johnson from NZCER. The workshops are scheduled for:

- **Monday 18 and Tuesday 19 March**, Somerfield School, Christchurch
Two workshops each day 9:30 – 11:30am | 12:30 – 2:30pm
- **Wednesday 20 March**, Ashburton Borough School, Ashburton 10:00am – 12:00pm

There is no fee for schools to attend the workshops.

To reserve places: please RSVP by **Wednesday, 13 March** to manaakefeedback@cdhb.health.nz with names of staff, school and preferred session(s). Emails will be acknowledged and session placements confirmed.

Hackathon

Hosted by the NZ Transport Agency, hackathons are 48-hour events where people with diverse skills, interests and perspectives come together to solve problems in the transport industry.

Hackathons are all about creative problem solving with a customer-centric approach, using NZ Transport Agency data. You don't have to be a 'hacker', a programmer or a tech-lover to take part – all skill-sets are valuable!

If you have senior students that might want to attend MODE+ALT+SHIFT Hackathon over the weekend of 15–17 March 2019 [go to the NZTA website for more information and registration details](#)

Please do not hesitate to contact us if you wish to discuss any ideas or issues. You can always call me on 03 378 7345, 0274 200 251 or [email](#) me. I look forward to hearing from you.

Enjoy this fortnight's bulletin.

Mā te wā

Coralanne Child

Director of Education for Canterbury | Chatham Islands